



Transitions – Mental Health Association
784 High Street, San Luis Obispo, CA 93401
www.T-MHA.org (805) 540-1926

Volunteer Job Description

Position Title: **TMHA SUMMER INTERN**

Supervisor: Volunteer Support

About Transitions-Mental Health Association

Transitions-Mental Health Association (TMHA) is a nonprofit organization dedicated to eliminating stigma and promoting recovery and wellness for people with mental illness through work, housing, community and family support services. We operate 30 programs at over 35 locations in San Luis Obispo and North Santa Barbara counties. The emphasis of our innovative services is to teach vital independent living skills and help build a framework for community re-entry through personal empowerment and hands on experience. For over 30 years, TMHA has been dedicated to providing work, housing, case management and life-skills support to teens and adults with mental illness while offering support, resources and education for their loved ones.

TMHA Summer Internship Overview

At TMHA, we value the contributions of interns and we know that students are some of the most creative, enthusiastic, and visionary people around.

The Summer Fundraising Intern is an innovative program designed to expose volunteers to TMHA's work while encouraging the development of a fundraising or outreach project.

Goals and Objectives

The TMHA Summer Internship is where the non-profit world and entrepreneurial spirit meet. In this innovative program, participants will get a view of the mental health organization while collaborating on a project to present to our committee.

In a nutshell, the Summer Interns' goals are:

- To learn about TMHA's mission and an overview of the organization's departments
- To create, through group process, a fundraising or outreach proposal for TMHA

General Tasks

- Meet with TMHA's staff and departments to learn about the non-profit's work.
- Interns meet weekly to discuss what they've learned and to brainstorm a proposal that will be the end result of the summer.

Minimum Requirements

- Strong interpersonal skills and oral/written communication skills
- Well defined organizational and time management skills
- Self-motivated with the ability to work in a group (collaborating with other students)
- An interest in mental health and non-profits

To Apply

To apply for our Summer Internship, please submit an application to Volunteer Support from www.t-mha.org/volunteer.php

Thank you for supporting TMHA! We appreciate the many contributions of our community!